

5K Tappen Brook Trails Course

About The Course

The course starts and ends at the Bridgewater Town Park at 221 Tappen Road. It is a moderately difficult course with elevation gain of 318 ft. The course will briefly go along Hemlock Road (paved). The remainder of the course is through wooded trails. Be sure to follow the 5K course arrows. There will be mile markers every 1/2 mile.

Trails are open from sunrise to sunset. Dogs must remain on leash. Motorized vehicles are not permitted. Recreational use of our hiking trails are carried out at your own risk.

This course has been created by the Bridgewater Land Trust and made possible by partnerships with Eversource Energy, The Nature Conservancy (TNC) and the Witkin Family.



Start/End

3M

tepee

1M

2M

vernal pool

Hayfield

Tappen Brook Preserve

Legend

- BWLT Trails
- TNC
- Eversource
- Bridgewater Land Trust
- Town of Bridgewater

