



# BWLT NEWS

*Protecting The Land You Love*

September, 2024

## **5K Celebration Is Around The Corner!**

*Get Your Ticket Today*

Our 5K Course is ready for action! Please join us for a walk or run on all or part of the new course as we celebrate the completion and opening of the course. After your trek, bring a lawn chair and relax at the Town Park. Twins Barbecue will provide a delicious meal (included with your ticket purchase). There will be a Yeti raffle, games, a bonfire (weather dependent), fun contests and swag to give away at the finish line. Adults can bring your beverage of choice.

Many thanks to the Bridgewater Recreation Commission, Eversource Energy, HRRA, SEP Orthopedics, Litchfield Pilates & Integrative Health and Union Savings Bank for their generous sponsorship and support.



# Walk & Celebrate

## 5K Course Opening

at Tappen Brook Trails 221 Tappen Rd., Bridgewater

Tickets: \$25 per person  
Children 12 & under Free  
Go to [www.bridgewaterlandtrust.org](http://www.bridgewaterlandtrust.org)

**Sunday  
September  
8th, 2024**

---

**Twins Barbecue Food Truck ■ Raffles ■ Games ■ Adults BYOB**

---

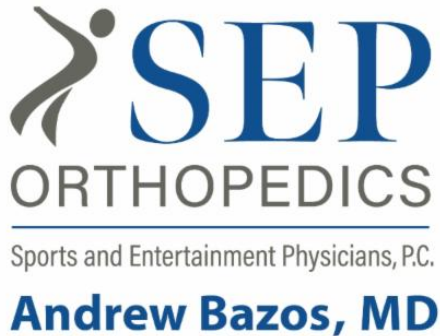
Start your walk (you pick the distance) between 11 AM - 12:30 PM.  
Barbecue & Party from 12 PM - 2:30 PM.



**Thank You To Our Sponsors**

**Eversource Energy - Bridgewater  
Rec. Commission - SEP Orthopedics  
Litchfield Pilates & Integrative Health  
HRRRA - Union Savings Bank**

# Thank You To Our Event Sponsors



## Town of Bridgewater Recreation Commission

[Buy Your Ticket Here](#)

### Welcome Kevin Cady to The Board of Directors

The BWLT is pleased to announce that Kevin Cady has joined the Board of Directors. He and his wife Tara are the owners of Cady Builders, a contracting firm that specializes in building custom antique barn homes throughout CT & NY. Kevin has over 40 years experience in home construction.

He and his family moved to Bridgewater 18 years ago. In his spare time, Kevin enjoys watching his 5 year old daughter Tekla sing and play the drums. Kevin is a collector of early folk art and arrowheads and is very interested in classic cars and trucks.



### Are You A Videographer? *Volunteer Opportunity*

The BWLT is looking for some assistance with a new video to be filmed in September at a



number of local farms. If you have a flexible schedule, have experience shooting videos, and would like to help, please contact Julie at [julie@bridgewaterlandtrust.org](mailto:julie@bridgewaterlandtrust.org)

## Estate Planning

### *What Will Your Conservation Legacy Be?*

Have you ever considered extending your impact on the land by including conservation in your will? If not, perhaps it is something you may want to consider.

If you want to have an impact on conserving Bridgewater's natural and working lands in perpetuity, planned gifts are one of the best, most effective ways to ensure the town remains unspoiled. There is no minimum age or gift amount (of money or land) required to create a conservation legacy, just a desire to impact open space for future generations.

By remembering the Bridgewater Land Trust or other conservation organizations in your estate plans, you join others who share a similar passion for protecting the places we love.

## FIELD NOTES

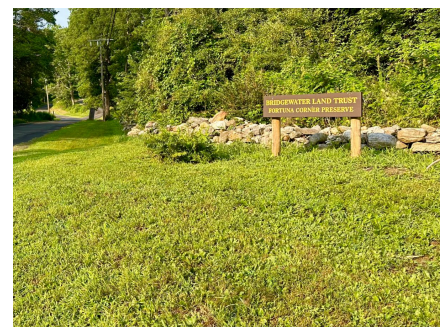
### New Bridge Along 5K Course

Thank you to The Nature Conservancy for rebuilding their bridge along Hemlock Road. The new bridge was built by seasonal stewards; Yale University Conservation Scholars and staff members Justin Cragan and Sunny Valley Preserve Director, Wayne Woodard (see photo on right). Their efforts have "bridged" trails from Sunny Valley Preserve land to Bridgewater Land Trust land and it is part of our new 5K Course.



### Roadside Mowing

During the growing season, the BWLT makes sure our properties along town roads are mowed. Thank you to R Williams Home & Garden for their hard work every year! Ron and his team mow along six different properties including the Fortuna Corner Preserve shown here on Stuart Road East and Hut Hill Road.



### Student Volunteer

Thank you to Kendrick LaPrade for all of her help this

summer. Kendrick is a new Bridgewater resident and a student at Taft who has helped clear trails at a number of our Preserves over the last few months.



## Tree Removal

Thank you to Connor Dillon of Dillon Excavating and Tree Service in Roxbury for removing dead trees from our Jim Allen Farm Preserve. The trees were potentially hazardous to our neighbors and those who access the farm fields.



## Signs Installed

Many thanks to Jamie Curren for creating and installing our signs at the new 5K Course at Tappen Brook Trails. Pictured here at the 2.5 mile marker are volunteers Becky Bottari and Joe Dolen.



# UPCOMING EVENTS

## Bridgewater's Tractor Parade

Look for us at Bridgewater's Annual Tractor Parade. Our BWLT float will honor and be in memory of Kit Sagendorf, a long-time active volunteer and creator of the BWLT logo.



Come see us at the  
**Bridgewater Tractor Parade**



**Sunday, September 1st - Town Center 2:30 PM**

---

## Attention Runners!

The Bridgewater Land Trust will sponsor a timed five-kilometer (3.1-mile) race this fall. The race will start and end on the new Tappen Brook Trails network at the Bridgewater Town Park on Lake Lillinonah, located at the end of Tappen Road. The race will be held on Sunday, September 29, at 9 a.m. The inclement weather date will be Sunday, October 6, at 9 a.m.

The event is open to runners of all ages and abilities. There is no entrance fee however participants can make a voluntary donation to the Bridgewater Land Trust to help with course maintenance costs. Runners will sign a hold harmless agreement upon arrival. Results will be posted at the Bridgewater Land Trust's web site and will be distributed to local news outlets.

The 5K Course was recently completed and a test run was held on August 17. The course is considered of moderate difficulty and includes narrow and wider sections.

The BWLT wants to thank Scott Benjamin, the race director of the Roxbury Road Runners Club and the volunteers who will assist in timing the event.

For more information, contact Julie Stuart, at [julie@bridgewaterlandtrust.org](mailto:julie@bridgewaterlandtrust.org).



**BRIDGEWATER  
LAND TRUST**

**5K  
RUN**

New off-road course  
Bridgewater, CT

Sponsored by the Bridgewater Land Trust

**Sunday, September 29th at 9 AM**  
Rain date: Sunday, October 6th at 9 AM  
**Tappen Brook Trails**  
Bridgewater Town Park  
GPS: Lake Lillinonah Rd. S then right on Tappen Rd.  
Questions: [julie@bridgewaterlandtrust.org](mailto:julie@bridgewaterlandtrust.org)

## Support Us

The Bridgewater Land Trust is a federally recognized 501(c) (3) charitable organization, and all your contributions are tax deductible.

**DONATE**

## Stay Social

P.O Box 8  
Bridgewater, CT 06752  
Phone: (860) 355-8233  
E-Mail: [julie@bridgewaterlandtrust.org](mailto:julie@bridgewaterlandtrust.org)  
[www.bridgewaterlandtrust.org](http://www.bridgewaterlandtrust.org)



Bridgewater Land Trust | PO Box 8 | Bridgewater, CT 06752 US

[Unsubscribe](#) | [Constant Contact Data Notice](#)