

BWLT NEWS

Protecting The Land You Love

August, 2022

Volksmarsch Walk on Tap!

Options For Everyone This Year

The Bridgewater Land Trust will host the 3rd annual Volksmarsch Walk on Saturday, October 1st at the Pratt Pavilion in Bridgewater. The concept is based on the German tradition of non-competitive fitness walking through the countryside. The custom which started in the 1960's, is now prevalent throughout Europe.

This highly anticipated event will offer something for everyone this year: a 10K walk, a 5K walk or party only option. Both walking courses will start and end at the Pratt Pavilion and in keeping with the tradition, we will have break stations along the way with refreshments and local flair, and finishers will be rewarded with a souvenir. Whether you walk or not, all participants are welcome to enjoy the after party which will feature a catered German themed meal, German beer, wine and live music by local favorites: The Night Birds. Tickets are \$50 per person and will be available soon. All proceeds support the Bridgewater Land Trust.

Join Us For The 3rd Annual

Volksmarsch Walk

Saturday, October 1st, 2022

Rain date: Sunday, October 2nd

at The Pratt Pavilion, Bridgewater Recreation Center

Join us once again for our European style non-competitive fitness walk. This year participants can chose from three options: 10K Walk, 5K Walk or Party Only. All ticket holders will be treated to an after party featuring catered German food (local bratwurst, warm pretzels and more) along with beer & wine, a live local band and a cozy fire.

Tickets: \$50 per person / Children 12 and under \$15

Start time and registration between 12 - 1 PM. Music begins at 2 PM. Attendence is limited, pre-registration is advised.

For more information please visit: www.bridgewaterlandtrust.org

Thanks to our initial signature sponsors: Bridgewater Recreation Commission and Union Savings Bank Also thanks to station, band, food and souvenir sponsors: Ted Alt & Katherine Burke, Stuart Family Farm, Andrew & Molly Smith, Will Stuart of Berkshire Hathaway



Land Trust Sponsors Pratt Campers A Week of Summer Fun

The Bridgewater Land Trust has continued its long standing partnership with the Pratt Nature

Center in New Milford by providing summer camp scholarships for Burnham School students. Dr. Peter Pratt, a former Director on the BWLT Board, initiated the camp scholarship program in the 1990's.

Diane Swanson, Executive Director of the Pratt Nature Center describes the experience: "The camp in a nutshell is an old school childhood experience, no toys, no electronics. Basically, we climb trees, we swing sticks and we throw stones. We catch frogs and crayfish and build water wheels in the river. We meet under willow for lunch, put mud on our stinging nettle covered legs and jewel weed on our poison ivy and bug bites. We stomp in the mud puddles and dance in rain. We enjoy local honey in the teas, we make from violets, nettle, yarrow and more." She further explains: "Studies show that adults who played outside as children are more likely to take action on the environment. We are creating our future conservationists."

The Land Trust plans on offering these scholarships every summer to students with financial need and a love of nature. Thank you to BWLT Board member Russell Marcus for spearheading this program.



Dr. Peter Pratt pictured here with Pratt campers. Dr. Pratt, a Bridgewater resident and former Director with the BWLT, passed away in 2019. The preschool program at The Center has been named after Dr. Pratt.

More Improvements Complete

Town Line Preserve Barn Benefits

The siding and sheathing on the north side of our Town Line Preserve barn has been replaced and the new siding has been painted. These improvements are critical for the productive use of the barn for hay storage. Thank you to local contractor Wil Dos Santos of New England Contractors and his team for a job well done.





Nature Walk and Yoga Kids Get To Explore and Exercise

What could be more fun than a nature scavenger hunt and nature themed yoga? Our "Yogis" walked from the Burnham Library through the Fairgrounds and to the Recreation Center where they examined the pond and all of the nature in between. Once at the Pratt Pavilion, Tanya Goodman of Mindful Moves Yoga, led the kids through numerous poses such as mountain pose, sun salutations, tree pose, flowy camel, dead bug and more. Many thanks to Tanya for volunteering her time and Lianne Ambruso, the Youth Services Programmer at the Burnham Library for organizing and partnering with us on this wonderful program.

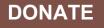


Support Us

The Bridgewater Land Trust is a federally recognized 501(c) (3) charitable organization, and all your contributions are tax deductible.

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